



# Bishop Bridgeman C.E. Primary School

Part of Archbishop Temple Multi Academy Trust

We Work, We Play, We Care, We Pray

“Love God, Love Yourself, Love Your Neighbour” Luke 10:27

## **PSHE (PERSONAL, SOCIAL, HEALTH EDUCATION) POLICY**

At Bishop Bridgeman, we give our children the very best. Through a supportive and purposeful curriculum linked with national curriculum objectives, we strive to ensure that all our pupils are able to succeed and find their unique talents and strengths. Our staff are committed to developing a love of learning, whilst developing the skills and values to support the all-round development of every pupil. Bishop Bridgeman C of E Primary School is a special place where we work, we play, we care and we pray.

### **INTENT**

Leaders at Bishop Bridgeman have the highest academic ambition for all children and the curriculum is designed to equip pupils with the knowledge and cultural capital needed to succeed. Our PSHE curriculum promotes the spiritual, moral, cultural, mental and physical development of pupils at the school and prepares them for the opportunities, responsibilities and experiences of later life. The PSHE curriculum compliments wider policies on behaviour, inclusion, safeguarding, respect for diversity and equality.

At Bishop Bridgeman Primary School, we teach personal, social, health education as a whole-school approach to underpin children’s development as young people and because we believe that this also supports their learning capacity. The Jigsaw Programme offers us a comprehensive, carefully thought-through scheme of work which brings consistency and progression to our children’s learning in this vital curriculum area. The overview of the programme can be seen on the school website. This also supports the “Personal Development” and “Behaviour and Attitudes” aspects required under the Ofsted Inspection Framework, as well as significantly contributing to the school’s safeguarding and equality duties, the government’s British values agenda and the SMSC (spiritual, moral, social, cultural) development opportunities provided for our children.

Here, at Bishop Bridgeman, we value PSHE as one way to support children’s development as human beings, to enable them to understand and respect who they are, to empower them with a voice and to equip them for life and learning. The focus in school is teaching the characteristics of good physical health and mental wellbeing. Teachers are clear that mental wellbeing is part of normal daily life in the same way as physical health.

### **IMPLEMENTATION**

We include the statutory relationships and health education within our whole-school PSHE programme. To ensure progression and a spiral curriculum, we use Jigsaw, the mindful



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approach to PSHE, as our chosen teaching and learning programme and tailor it to your children’s needs. The mapping document: Jigsaw 3-11 and statutory Relationships and Health Education, shows exactly how Jigsaw, and therefore our school, meets the statutory relationships and health education requirements.

## A WHOLE-SCHOOL APPROACH

The Jigsaw scheme covers all areas of PSHE for the primary phase including statutory relationships and health education. The table below gives the learning theme of each of the six units as these are taught across the school; the learning deepens and broadens every year showing a clear progression of skills.

Term	Unit	Content
Autumn 1:	Being Me in My World	Includes understanding my own identity and how I fit well in the class, school and global community. Jigsaw Charter established.
Autumn 2:	Celebrating Difference	Includes anti-bullying (cyber and homophobic bullying included) and understanding
Spring 1:	Dreams and Goals	Includes goal-setting, aspirations, who do I want to become and what would I like to do for work and to contribute to society
Spring 2:	Healthy Me	Includes drugs and alcohol education, self-esteem and confidence as well as healthy lifestyle choices, sleep, nutrition, rest and exercise
Summer 1:	Relationships	Includes understanding friendship, family and other relationships, conflict resolution and communication skills, bereavement and loss
Summer 2:	Changing Me	Includes Relationships and Sex Education in the context of coping positively with change

As shown in the table, each year group teaches six topics throughout the year.



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## **IMPACT**

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At Bishop Bridgeman, all children are given equal opportunities to achieve in PSHE through a well-constructed curriculum. Good progress is made in line with the national curriculum objectives and children build resilience year on year, leaving Bishop Bridgeman having undertaken an enriching and enlightening curriculum and are well prepared to continue their education. They understand the importance of taking care of their spiritual, moral, cultural, mental and physical development.

**Prepared by:** Mrs Z Ogden

**Reviewed:** January 2025

**Next Review Date:** January 2026